

Suppose f is a continuous function defined on a closed interval $[a, b]$. To define the definite integral $\int_a^b f(x) dx$:

Divide $[a, b]$ into n equal subintervals, each of length $\Delta x = \frac{b-a}{n}$. The subintervals are $a = [x_0, x_1], [x_1, x_2], \dots, [x_{i-1}, x_i], \dots, [x_{n-1}, x_n = b]$

Pick a "sample point" x_i^* in the i^{th} interval for each $i = 1, 2, \dots, n$ (*Choose any way you like: the sample points could be left endpoints, right endpoints, midpoints, or even some randomly chosen point in each interval not following any particular rule.*) Then

form the Riemann sum : $\sum_{i=1}^n f(x_i^*)\Delta x$.

Take the limit as $n \rightarrow \infty$ (i.e., as $\Delta x \rightarrow 0$): $\lim_{n \rightarrow \infty} \sum_{i=1}^n f(x_i^*)\Delta x = \int_a^b f(x) dx$

(*Because f is continuous, it can be proven that the limit must exist, and that it is always the same no matter how you chose to pick the sample points x_i^**)

Since $\lim_{n \rightarrow \infty} \sum_{i=1}^n f(x_i^*)\Delta x = \int_a^b f(x) dx$, a Riemann sum $\sum_{i=1}^n f(x_i^*)\Delta x$ is an approximation for $\int_a^b f(x) dx$ and, generally, the bigger the n , the better the approximation.

Suppose $x = \text{time (sec)}$ and $f(x) = \text{velocity (m/sec)}$. To reinforce that interpretation,

let's use t for x and v for f . Then $\int_a^b v(t) dt = \lim_{n \rightarrow \infty} \sum_{i=1}^n v(t_i^*)\Delta t$.

Each $v(t_i^*)$ is a velocity (m/sec) and each Δt is a time (sec), so the units for each term $v(t_i^*)\Delta t$ are (meters/sec)(sec) = meters. Therefore $\sum_{i=1}^n v(t_i^*)\Delta t$ is in meters and

$\int_a^b v(t) dt = \lim_{n \rightarrow \infty} \sum_{i=1}^n v(t_i^*)\Delta t$ is in meters: it represents the net change of position between times $t = a$ and $t = b$.

Important properties of the integral and proofs of some of them

Suppose f, g are integrable on $[a, b]$, that is, suppose $\lim_{n \rightarrow \infty} \sum_{i=1}^n f(x_i^*) \Delta x$ exists.

(This is true, for example, if f is continuous; and also true if f has only a finite number of jump discontinuities (discontinuities where $\lim_{x \rightarrow a^-} f(x)$ and $\lim_{x \rightarrow a^+} f(x)$ both exist but aren't equal.) Then we say that

$$\lim_{n \rightarrow \infty} \sum_{i=1}^n f(x_i^*) \Delta x = \int_a^b f(x) dx$$

In every case, you should think what the property means in terms of areas. Then suppose x represents time (sec) and $f(x)$ represents velocity (m/sec), and decide what each property is saying.

1. If c is a constant, $\int_a^b c dx = c(b - a)$

Why? In the definition, every $f(x_i^*) = c$, so

$$\lim_{n \rightarrow \infty} \sum_{i=1}^n f(x_i^*) \Delta x = \lim_{n \rightarrow \infty} \sum_{i=1}^n c \Delta x = c \lim_{n \rightarrow \infty} \sum_{i=1}^n \Delta x = c \lim_{n \rightarrow \infty} (b - a) = c(b - a).$$

2. $\int_a^b f(x) \pm g(x) dx = \int_a^b f(x) dx \pm \int_a^b g(x) dx$

Why? Let $h(x) = f(x) \pm g(x)$. Then

$$\begin{aligned} \int_a^b f(x) \pm g(x) dx &= \int_a^b h(x) dx = \lim_{n \rightarrow \infty} \sum_{i=1}^n h(x_i^*) \Delta x = \lim_{n \rightarrow \infty} \sum_{i=1}^n (f(x_i^*) \pm g(x_i^*)) \Delta x \\ &= \lim_{n \rightarrow \infty} \sum_{i=1}^n f(x_i^*) \Delta x \pm \sum_{i=1}^n g(x_i^*) \Delta x = \int_a^b f(x) dx \pm \int_a^b g(x) dx. \end{aligned}$$

3. $\int_a^b c f(x) dx = c \int_a^b f(x) dx$

Why? Let $h(x) = c f(x)$. Then

$$\begin{aligned} \int_a^b c f(x) dx &= \int_a^b h(x) dx = \lim_{n \rightarrow \infty} \sum_{i=1}^n h(x_i^*) \Delta x = \lim_{n \rightarrow \infty} \sum_{i=1}^n c f(x_i^*) \Delta x \\ &= c \lim_{n \rightarrow \infty} \sum_{i=1}^n f(x_i^*) \Delta x = c \int_a^b f(x) dx. \end{aligned}$$

4. $\int_a^c f(x) dx + \int_c^b f(x) dx = \int_a^b f(x) dx$

This one is a bit hard to prove in general, but thinking about areas makes it believable.

5. If $f(x) \geq 0$ on $[a, b]$, then $\int_a^b f(x) dx \geq 0$

Why? Since $f \geq 0$, then every $f(x_i^*) \geq 0$ in the definition. Therefore each $f(x_i^*)\Delta x \geq 0$, so $\sum_{i=1}^n f(x_i^*)\Delta x \geq 0$. Therefore $\lim_{n \rightarrow \infty} \sum_{i=1}^n f(x_i^*)\Delta x \geq 0$.

6. If $f(x) \geq g(x)$ for all x in $[a, b]$, then $\int_a^b f(x) dx \geq \int_a^b g(x) dx$.

Why? $f(x) - g(x) \geq 0$, so, using 5), $\int_a^b f(x) dx - \int_a^b g(x) dx = \int_a^b f(x) - g(x) dx \geq 0$, so $\int_a^b f(x) dx \geq \int_a^b g(x) dx$.

7. If m, M are constants and $m \leq f(x) \leq M$ for all x in $[a, b]$, then $m(b - a) \leq \int_a^b f(x) dx \leq M(b - a)$.

Why? In the definition, every $f(x_i^*) \leq M$, so $\sum_{i=1}^n f(x_i^*)\Delta x \leq \sum_{i=1}^n M\Delta x$, so $\lim_{n \rightarrow \infty} \sum_{i=1}^n f(x_i^*)\Delta x \leq \lim_{n \rightarrow \infty} \sum_{i=1}^n M\Delta x = M \lim_{n \rightarrow \infty} \sum_{i=1}^n \Delta x = M \lim_{n \rightarrow \infty} (b - a) = M(b - a)$.