

Lecture 8: Substitution (or the "Backwards Chain Rule")

Today we'll see how to compute integrals when your star player x just isn't performing — pull him out and make a u -substitution!

WARM-UP: (a) $\int_0^{\pi/6} \cos(3x) dx = ?$
(b) $\int_0^1 \frac{dx}{(1+\sqrt{x})^4} = ??!$ (options: $0, \frac{1}{6}, \frac{1}{3}, 1, 3, 6$)

Ex 1 / Consider the problem of finding
 $\int (2x+3) \cos(x^2+3x) dx$.

By the Chain Rule,

$$\begin{aligned} \frac{d}{dx} \overset{f(g(x))}{\sin(x^2+3x)} &= \left(\overset{g'(x)}{\frac{d}{dx}(x^2+3x)} \right) \cdot \overset{f'(g(x))}{\cos(x^2+3x)} \\ &= (2x+3) \cos(x^2+3x), \end{aligned}$$

and so $\sin(x^2+3x) + C$ is the answer. But it's not always going to be easy to eyeball the integral like this, so let's do it using a safer method:

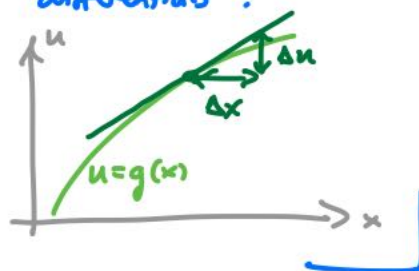
- let $u = x^2 + 3x$
- then $\frac{du}{dx} = 2x + 3 \implies du = (2x+3) dx$.

ASIDE: This might seem questionable since $\frac{du}{dx}$ isn't an actual fraction. But it's OK to think about du & dx as "infinitesimally small" Δu & Δx , called "differentials".

Remember the approximation formula

$$u = g(x) \rightsquigarrow \Delta u = \Delta g \approx g'(x) \Delta x$$

version with differentials $\rightarrow du = g'(x) dx$.



So let's substitute: with u , du as above

$$\bullet \int (2x+3) \cos(\underline{x^2+3x}) \underline{dx} = \int \cos(\underline{u}) \underline{du} = \sin(u) + C$$

but you're not (quite) done, unless you like to make a habit of answering questions in a different language. (While impressive, that would be a little strange.) In this case, we haven't answered the question in terms of x

$$\bullet \text{ substitute back in } \rightsquigarrow = \sin(x^2+3x) + C.$$

(Now we're done.) So what is the general rule behind this?

(INDEFINITE) SUBSTITUTION RULE: Let F be an antiderivative of f , and let $u = g(x)$. Then

$$\begin{aligned} \int f(g(x)) g'(x) dx &= \int f(u) du = F(u) + C \\ &= F(g(x)) + C \end{aligned}$$

Check: $\frac{d}{dx} F(g(x)) = F'(g(x)) g'(x) = f(g(x)) g'(x)$ (by the Chain Rule).

While the example was easy, it can be tricky in practice choosing u (i.e., what $g(x)$ should be).

$$\text{Ex 2 / } \int \frac{4x^3}{1+x^4} dx = \int \frac{du}{u} = \ln|u| + C = \ln|1+x^4| + C.$$

Can we find something that is derivative of $\uparrow$ Think: the denominator's derivative is exactly the numerator. So take $u = 1+x^4 \Rightarrow du = 4x^3 dx$

$$\text{Ex 3 / } \int \frac{4x^3}{1+2x^4+x^8} dx = \int \frac{4x^3}{(1+x^4)^2} dx$$

so again... $u = 1+x^4$
 $du = 4x^3$

$$\Rightarrow \int \frac{du}{u^2} = -\frac{1}{u} + C = -\frac{1}{1+x^4} + C.$$

$$\text{Ex 4 / } \int \frac{2x}{1+x^4} dx = \int \frac{2x}{1+(x^2)^2} dx = \int \frac{du}{1+u^2}$$

again: is an antiderivative of this lurking in the denominator?

$u = x^2$
 $du = 2x dx$

$$= \arctan(u) + C$$

$$= \arctan(x^2) + C.$$

ASIDE: Example 2 illustrates the useful general rule

$$\int \frac{g'(x)}{g(x)} dx = \int \frac{du}{u} = \ln|u| + C = \ln|g(x)| + C.$$

$$\text{e.g. } \int \tan(x) dx = \int \frac{\sin(x)}{\cos(x)} dx = \int \frac{-du}{u} = -\ln|u| + C$$

$$= -\ln|\cos(x)| + C = \ln\left|\frac{1}{\cos(x)}\right| + C = \ln|\sec(x)| + C.$$

(Similarly one gets $\int \cot(x) dx = \ln|\sin(x)| + C$.)

Another one is

$$\int g'(x) e^{g(x)} dx = e^{g(x)} + C,$$

TRY: $\int x^2 e^{x^3} dx = ?? + C$

$$\begin{aligned} &e^{\frac{1}{3}x^3} \\ &\frac{1}{3}x^3 e^{\frac{1}{3}x^3} \\ &e^{x^3} \\ &\frac{1}{3}e^{x^3} \end{aligned}$$

You'd think, with u -substitution just being the "Chain rule backwards", you could use it in definite integrals too:

(*) $\int_0^3 x \sqrt{x^2+1} dx = \int_0^3 \sqrt{u} \cdot \frac{1}{2} du$, right?

$$\begin{aligned} u &= x^2+1 \\ du &= 2x dx \\ \frac{1}{2} du &= x dx \end{aligned}$$

WRONG!

Problem: we changed to an integral in u , but as x goes from 0 to 3, u doesn't go from 0 to 3!

$$x = 0 \rightsquigarrow u = 0^2 + 1 = 1$$

$$x = 3 \rightsquigarrow u = 3^2 + 1 = 10$$

$$\begin{aligned} \text{So } (*) &= \int_1^{10} \sqrt{u} \cdot \frac{1}{2} du = \frac{1}{2} \int_1^{10} u^{1/2} du \\ &= \frac{1}{2} \left[\frac{u^{3/2}}{3/2} \right]_1^{10} = \frac{1}{2} \left(\frac{10^{3/2}}{3/2} - \frac{1^{3/2}}{3/2} \right) \\ &= \frac{1}{3} (10^{3/2} - 1). \end{aligned}$$

So changing the limits is annoying, but at least you don't then have to substitute $g(x)$ back in for u , right?

(DEFINITE)
SUBSTITUTION RULE: Let F be an antiderivative of f ,
 and let $u = g(x)$. Then

$$\int_a^b f(g(x))g'(x)dx = \int_{g(a)}^{g(b)} f(u) du = [F(u)]_{g(a)}^{g(b)} \\ (= F(g(b)) - F(g(a))).$$

Ex 5/ $\int_0^{\pi/3} \sin(x) \cos(x) dx = \int_0^{\sqrt{3}/2} u du = \left[\frac{u^2}{2}\right]_0^{\sqrt{3}/2}$

$\left[\begin{array}{l} u = \sin(x) \\ du = \cos(x) dx \\ x=0 \rightarrow u = \sin(0) = 0 \\ x=\pi/3 \rightarrow u = \sin(\pi/3) = \sqrt{3}/2 \end{array} \right]$

$$= \frac{3/4}{2} - \frac{0}{2} = \frac{3}{8}.$$

Ex 6/ $\int_5^9 \frac{x}{x-3} dx = \int_5^9 \left(\frac{x-3+3}{x-3} \right) dx$

$$= \int_5^9 \left(\frac{x-3}{x-3} + \frac{3}{x-3} \right) dx = \int_5^9 \left(1 + \frac{3}{x-3} \right) dx$$

$$= \int_2^6 \left(1 + \frac{3}{u} \right) du = \left[u + 3 \ln|u| \right]_2^6$$

$\left[\begin{array}{l} u = x-3 \\ du = dx \\ x=5 \rightarrow u=2 \\ x=9 \rightarrow u=6 \end{array} \right]$

$$= (6 + 3 \ln 6) - (2 + 3 \ln 2)$$

$$= 4 + 3(\ln 6 - \ln 2)$$

$$= 4 + 3 \ln(6/2)$$

$$= 4 + 3 \ln 3.$$

Finally, let's come back to

$$\int_0^1 \frac{dx}{(1+\sqrt{x})^4} = \begin{matrix} 0 \\ 1/6 \\ 1/3 \\ 1 \\ 3 \\ 6 \end{matrix} ?$$

Should be easier now (what is u ?).

P.S. I should mention the

EVEN/ODD RULE

- f even $[f(-x) = f(x)] \Rightarrow$
$$\int_{-a}^a f(x) dx = 2 \int_0^a f(x) dx$$
- f odd $[f(-x) = -f(x)] \Rightarrow$
$$\int_{-a}^a f(x) dx = 0$$

which is seen by breaking the integral in two $(\int_0^a + \int_{-a}^0)$

and substituting $u = -x$ ($du = -dx$) to get

$$\begin{aligned} \int_{-a}^0 f(x) dx &= \int_a^0 f(-u) (-du) = - \int_a^0 f(-u) du \\ &= \int_0^a f(-u) du = \begin{cases} \int_0^a f(u) du, & f \text{ even} \\ - \int_0^a f(u) du, & f \text{ odd} \end{cases} \end{aligned}$$